

IHCP *bulletin*

INDIANA HEALTH COVERAGE PROGRAMS BT201427 JUNE 10, 2014



BMI to be required component of EPSDT screening

Effective July 14, 2014, the Indiana Health Coverage Programs (IHCP) will require documentation of Body Mass Index (BMI) as part of the Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) nutritional assessment for all members age 2 and older. BMI documentation, currently a recommended activity, will become a required activity as a component of EPSDT periodic screening services.

Specifically, the nutritional assessment will now require the provider to calculate BMI for the member and document the BMI in the member's chart. A nutritional assessment, based on the child's health history, physical exam including oral dental exam, growth pattern, and appropriate blood work, is required at each EPSDT visit. BMI documentation is required for all members beginning at age 2.

Periodic screenings by an EPSDT screening provider, in accordance with the EPSDT periodicity schedule, include the following:

- A comprehensive health and developmental history, including assessment of both physical and mental health development
- A comprehensive unclothed physical exam
- A nutritional assessment
- A developmental assessment
- Appropriate vision and hearing testing
- Dental screening
- Health education, including anticipatory guidance

For more information about the EPSDT program, please see the [HealthWatch/EPSDT Provider Manual](#) at indianamedicaid.com.

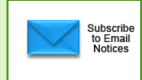
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