

## To: All Pharmacy Providers and Prescribing Practitioners

## Subject: Preferred Drug List Changes

*Note:* The information referenced in this bulletin about prior authorization, payment methodology and maximum fees could vary for providers rendering services to members enrolled in the risk-based managed care (RBMC) delivery system.

## Overview

Indiana Health Coverage Programs provider bulletin *BT200359* advised providers of the implementation of certain changes to the Preferred Drug List. This bulletin revises the implementation date noted in that bulletin. Please refer to the summary charts included in this bulletin for pending PDL changes and applicable effective dates for each.

The Preferred Drug List (PDL) can be accessed at <u>www.indianapbm.com</u>. State law requires at least a twice annual review of the entire PDL. Please note that there will be four meetings of the Therapeutics Committee in calendar year 2004, with each session encompassing a review of approximately one-half of the PDL. Recommendations from those meetings will be considered by the DUR Board at the Board's meeting that same month. This process is being adopted in favor of the prior arrangement of reviewing the entire PDL at one meeting twice a year, as doing so will allow greater time during the meetings for consideration by the Committee and the Board.

Notice of the DUR Board meetings and agendas are posted on the Family and Social Services Administration (FSSA) web site at <u>http://www.state.in.us/fssa/</u> under the heading **Calendar**. Information about the Therapeutics Committee and the PDL can be accessed at <u>http://www.indianapbm.com</u>.

Please direct questions regarding the PDL and prior authorizations needed for non-PDL drugs to the ACS Clinical Call Center at 1-866-879-0106. Questions regarding this bulletin should be directed to the ACS Pharmacy Services Helpdesk at 1-866-645-8344.

| Drug Class                         | Drug      | Decision   | Effective Date |
|------------------------------------|-----------|--|----------------|
| ARBs                               | Benicar   | Requires previous ACE-I therapy  | March 4, 2004  |
| Beta Blockers                      | Coreg     | Add to PDL with a step therapy that<br>patients must have a current<br>prescription for a diuretic, and a limit<br>on Coreg of 90 tablets per dosage<br>strength per 30 days | March 4, 2004  |
| Cholesterol Agents                 | Zetia     | Add to PDL with a step therapy that patients must be currently on a statin   | March 4, 2004  |
| Leukotreine<br>Inhibitors/Modulars | Singulair | Patients must have had a<br>methylxanthine, a beta agonist, and/or<br>an inhaled corticosteriod within the<br>past six months  | March 11, 2004 |

| Table 1 | - Pending Pl | DI Changes |
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| Drug Class                               | Drug             | Decision  | Effective Date  |
|--|------------------|---|---|
| Antispasmodics                           | Oxytrol          | Add to PDL with a step therapy for<br>previous treatment failure with<br>oxybutynin   | March 11, 2004  |
| Combined Beta<br>Agonist/Corticosteroids | Advair<br>500/50 | Product to remain on PDL; add step<br>therapy that patients must have failed<br>either Advair 100/50 or Advair<br>250/50, or any strength of Flovent<br>within the past 30 days | March 25, 2004  |
| Miotics                                  | Alphagan P       | Add to non-preferred status; grandfather existing patients  | March 25, 2004  |
| Non-Sedating<br>Antihistamine            | Allegra          | Patient must have failed a two-week<br>trial of OTC loratadine within the<br>previous three months  | Effective date to be<br>announced in a future<br>bulletin |

## Table 1 – Pending PDL Changes

Table 2 lists drugs that will become effective April 1, 2004.

| Drug Class                 | Drug                        | Decision   |  |
|----------------------------|-----------------------------|--|--|
| Antiviral Influenza Agents | Rimantadine                 | Remain on PDL; limit to patients 60 years old and older  |  |
|                            | Amantadine                  | Remain in PDL with no age limit  |  |
| Beta-Agonist               | Foradil                     | Add to PDL   |  |
| Corticosteriods            | Rhinocort, all formulations | Remove from PDL; no grandfathering of existing patients  |  |
|                            | Vancenase                   | Remove from PDL; no grandfathering of existing patients  |  |
| Glaucoma Agents            | Lumigan                     | Add to non-preferred status; grandfather all existing patients   |  |
| Brand Name Narcotics       | Actiq                       | Must meet PA criteria  |  |
| Triptans                   | Relpax                      | Add to PDL with a limit of six tablets per month   |  |
| PPIs                       | OTC Prilosec                | • Add to preferred status; grandfather all patients currently on a PPI   |  |
|                            |                             | <ul> <li>New patients must try an H2 antagonist<br/>or OTC Prilosec before receiving a<br/>preferred PPI</li> </ul>                                |  |
|                            |                             | • For non-PDL PPIs, a new patient must<br>first try an H2 antagonist or OTC<br>Prilosec and then a preferred PPI before<br>receiving a non-PDL PPI |  |
| Systemic Antifungals       | Diflucan 150 mg             | Limit to two tablets per month   |  |
|                            | Diflucan 50 mg              | Limit to three tablets per month   |  |
| Topical Estrogen Agents    | All Topical Estrogen        | All topical agents removed from preferred status, except for Premarin cream which will remain PDL  |  |

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