

IHCP Applied Behavioral Analysis (ABA) Prior Authorization Checklist

IHCP Universal Prior Authorization Form

Is all of the patient information completed?

Is all of the provider information completed?

Have you included an appropriate diagnosis per IHCP policy?

Have you included all of the appropriate procedure codes, modifiers and units?

Has a Qualified Practitioner signed and dated the form?

Diagnostic Assessment

Has an ADOS, ADI, or DISCO diagnostic test been completed and is the documentation attached?

Has the diagnostic test been signed by one of the following?

- Licensed physician
- Licensed Health Service Provider in Psychology (HSPP)
- Licensed pediatrician
- Licensed psychiatrist
- Other behavioral health specialist with training and experience in the diagnosis and treatment of autism spectrum disorder

Is there documentation of patient's current symptoms meeting the criteria for ASD in the past year?

Does the assessment include a referral for ABA services?

Treatment Plan

Does the treatment plan identify ALL of the below?

- Behaviors to be targeted
- Psychological concerns
- Medical concerns
- Family issues affecting patient or affected by patient condition
- Hours spent in school (includes home school)
- Current therapies

Is the assessment/evaluation documentation supporting the treatment plan attached?

Measurable Goals: (applies to ALL treatment plan goals)

Has a baseline measurement been performed and documented for this goal?

Has a timeline been established for ameliorating this behavior in a measurable way?

Has the provider performing therapy been identified? (RBT, BCBA, HSPP, etc.)

Have the hours requested for each goal been substantiated?

Parental Training:

Has the modality (video review, role-playing, lecture, etc.) been clearly identified?

Has the frequency (times per week/month) been identified and substantiated?

Has the duration (hours per session) been identified and demonstrated?

Has the provider performing parental training been identified? (RBT, BCBA, HSPP, etc.)

Has a school transition plan been developed (either short or long-term) and included in the overall treatment plan?