# **IHCP** bulletin

INDIANA HEALTH COVERAGE PROGRAMS BT201906 FEBRUARY 12, 2019

# IHCP establishes PA request and assessment forms for residential and inpatient SUD treatment

Effective March 15, 2019, the Indiana Health Coverage Programs (IHCP) will require providers to use three new forms when requesting prior authorization (PA) for inpatient and residential treatment for substance use disorder (SUD). This requirement will apply to services rendered under both the fee-for-service (FFS) and the managed care delivery systems. The three new forms required are as follows:

- Residential/Inpatient Substance Use Disorder Treatment Prior <u>Authorization Request Form</u> – This form must be used to request PA for inpatient and residential SUD treatment services, rather than using the standard universal PA request form.
- Initial Assessment Form for Substance Use Disorder Treatment <u>Admission</u> – This assessment form must be completed and submitted as an attachment to the SUD residential and inpatient treatment PA request form for initial admissions.



Reassessment Form for Continued Substance Use Disorder Treatment – This assessment form must be completed and submitted for requests to extend authorization for residential and inpatient SUD treatment.

The three new forms are attached to this bulletin for reference and are also accessible from the *Forms* page of the provider website at in.gov/medicaid/providers. Providers can begin to use these forms immediately. Use of these forms will be *required* for residential and inpatient SUD treatment PA requests submitted on or after March 15, 2019.

The IHCP will update the Provider Healthcare Portal (Portal) in the near future to allow electronic submission of these PA requests for FFS members. Until these enhancements are made, all requests and assessments for residential or inpatient SUD treatment must be submitted on paper via **fax**. PA requests for FFS members should be directed to Cooperative Managed Care Services (CMCS). PA requests for managed care members should be directed to the managed care entity (MCE) with which the member is enrolled. Watch future IHCP publications to learn when Portal updates have been made.

#### QUESTIONS?

If you have questions about this publication, please contact Customer Assistance at 1-800-457-4584.

#### COPIES OF THIS PUBLICATION

If you need additional copies of this publication, please download them from the <u>Bulletins</u> page of the IHCP provider website at in.gov/medicaid/providers.

#### TO PRINT

A <u>printer-friendly version</u> of this publication, in black and white and without photos, is available for your convenience.

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## Indiana Health Coverage Programs Residential/Inpatient Substance Use Disorder Treatment Prior Authorization Request Form

Please use this form and its associated attachment if you have a 3.1 or 3.5 American Society of Addiction Medicine (ASAM) residential designation or are an inpatient psychiatric facility/hospital.

Check the radio button of the entity that must authorize the	Fee-for-Service	Cooperative Managed Care Services (CMCS)	P: 1-800-269-5720	F: 1-800-689-2759
		Anthem Hoosier Healthwise	P: 1-866-408-6132	F: Inpatient: 1-877-434-7578 Outpatient: 1-866-877-5229
service based on		Anthem Hoosier Healthwise – SFHN	F: 1-800-747-3693	
the member's	Hoosier Healthwise	<b>CareSource Hoosier Healthwise</b>	P: 1-844-607-2831	F: 1-844-432-8924
enrollment/		<b>MDwise Hoosier Healthwise</b>	P: 1-888-961-3100	F: 1-888-465-5581
benefits.		MHS Hoosier Healthwise	P: 1-877-647-4848	F: Inpatient: 1-844-288-2591
benefits.				Outpatient: 1-866-694-3649
		Anthem HIP	P: 1-844-533-1995	F: Inpatient: 1-877-434-7578
				Outpatient: 1-866-877-5229
	Healthy Indiana	CareSource HIP	P: 1-844-607-2831	F: 1-844-432-8924
	Plan (HIP)	MDwise HIP	P: 1-888-961-3100	F: 1-866-613-1642
		MHS HIP	P: 1-877-647-4848	F: Inpatient: 1-844-288-2591
				Outpatient: 1-866-694-3649
		Anthem Hoosier Care Connect	P: 1-844-284-1798	F: Inpatient: 1-877-434-7578
	Hoosier Care			Outpatient: 1-866-877-5229
	Connect	MHS Hoosier Care Connect	P: 1-877-647-4848	F: Inpatient: 1-844-288-2591
				Outpatient: 1-866-694-3649

Please complete all appropriate fields.

		Patient Inforn	nation				Requesting	Provider Inform	nation	
IHCP Member ID (RID):				Requesting Provider NPI:						
Date of Birth:				Taxonomy:						
Patient Name:			Tax ID:							
Address:			Provider Name:							
City/State/ZIP Code:				Rendering	Provider Inform	ation				
Patient/	Guardian	Phone:				<b>Rendering Provid</b>				
PMP Na	ame:					Tax ID:				
PMP N	PI:					Name:				
PMP Pl	none:					Address:				
0	Ordering, Prescribing, or Referring (OPR) Provider Information		OPR)	City/State/ZIP Code:						
OPR Ph	ysician NF					Phone:				
(1	Use of ICI	Medical Diag D Diagnostic C		Requi	red)	Fax:				
Dx1		Dx2		Dx3		Preparer's Information				
	1	1 1				Name:				
		equested assign		tegory	below:	Phone:				
Inp	atient	Resident	ial			Fax:				
Dates of Service StartProcedure/ Service CodesModifiersService Descr		ription	Taxonomy	Place of Service (POS)	Units	Dollars				
				-						
							1			

## Mandatory Additional Documentation Checklist

Initial Assessment	Intake assessment	Clinical assessment	Psychosocial	Treatment goals and
Form for Substance			assessment	plans
Use Disorder (SUD)				
Treatment Admission				

Signature of Qualified Practitioner \_\_\_\_\_ Date: \_\_\_\_\_

## Indiana Health Coverage Programs Initial Assessment Form for Substance Use Disorder (SUD) Treatment Admission

#### PLEASE TYPE INFORMATION INTO THIS FORM.

Fax form to the appropriate entity along with the Residential/Inpatient SUD PA Request Form. Supporting clinical information must also be submitted. See <u>checklist</u> for mandatory additional documentation.

MEMBER INFORMATION				
Member Name:				
IHCP Member ID: Date of Birth:				
ESTIMATED	TREATMENT DURATION			
SERVICE START DATE:				
ESTIMATED LENGTH OF STAY:				

(	ICD-10 DIAGNOSIS CODE(S) (Enter the ICD-10 diagnosis code for the primary diagnosis in slot 1; then enter any applicable co-occurring diagnosis codes.)					
1.		3.	5.			
2.		4.	6.			

SUBSTANCE USE DISORDER TREATMENT HISTORY (Attach additional documentation as needed.)						
Prior Treatment	Duration	Approximate Dates	Outcome			

SUBSTANCES OF CHOICE (Complete the fields below. If substances are unknown, select Unable to Obtain.)						
Unable to Obtain						
Substance	Age at First Use	Date of Last Use	Frequency of Use	Amount		

## Initial Assessment Form for Substance Use Disorder (SUD) Treatment Admission

REQUESTED TREATMENT LEVEL						
Treatment Level Description	ASAM Level	Codes	Units (One Unit = One Day)			
Clinically Managed Low-Intensity Residential Services (Adult)	3.1	H2034 U1				
Clinically Managed Low-Intensity Residential Services (Adolescent)	3.1	H2034 U2				
Clinically Managed High Intensity Residential Services (Adult)	3.5	H0010 U1				
Clinically Managed Medium Intensity (Adolescent)	3.5	H0010 U2				
Medically Managed Inpatient Services (Adult)	4.0	Inpatient Billing				
Medically Managed Inpatient Services (Adolescent)	4.0	Inpatient Billing				

For inpatient psychiatric facilities/hospitals, please provide your prior authorization revenue code below.

ASSESSMENT (Make one selection for each dimension.)
DIMENSION 1   Acute Intoxication and/or Withdrawal Potential
No withdrawal
Minimal risk of severe withdrawal
Moderate risk of severe withdrawal
No withdrawal risk, or minimal or stable withdrawal
At minimal risk of severe withdrawal
Patient has the potential for life threatening withdrawal
Patient has life threatening withdrawal symptoms, possible or experiencing seizures or delirium tremens (DTs) or other adverse reactions are imminent

DIMENSION 2   Biomedical Conditions/Complications
None or not sufficient to distract from treatment
None/stable or receiving concurrent treatment – moderate stability
Require 24-hour medical monitoring, but not intensive treatment
Severe instability requires 24-hour medical care in licensed medical facility. May be the result of life threatening withdrawal or other co-morbidity

DIMENSION 3   Emotional/Behavioral/Cognitive Conditions
None or very stable
Mild severity, with potential to distract from recovery; needs monitoring
Mild to moderate severity; with potential to distract from recovery; needs to stabilize
None or minimal; not distracting to recovery
Mild to moderate severity; needs structure to focus on recovery
Demonstrates repeated inability to control impulses, or unstable with symptoms requiring stabilization
Moderate severity needs 24-hour structured setting
Severely unstable requires 24-hour psychiatric care

## Initial Assessment Form for Substance Use Disorder (SUD) Treatment Admission

DIMENSION 4   Readiness to Change				
Readiness for recovery but needs motivating and monitoring strategies to strengthen readiness, or needs ongoing monitoring and disease management				
Has variable engagement in treatment, lack of awareness of the seriousness of substance use and/or coexisting mental health problems. Requires treatment several times per week to promote change				
Has variable engagement in treatment, lack of awareness of the seriousness of substance use and/or coexisting mental health problems. Requires treatment almost daily to promote change				
Open to recovery but requires structured environment				
Has little awareness of need for change due to cognitive limitations and addiction and requires interventions to engage to stay in treatment				
Has marked difficulty with treatment or opposition due to functional issues or ongoing dangerous consequences				
Poor impulse control, continues to use substances despite severe negative consequences (medical, physical or situational) and requires a 24-hour structured setting				

DIMENSION 5   Relapse, Conti	nued Use, or Continued Problem Potential
Minimal support required to control use, needs suppor	t to change behaviors
High likelihood of relapse/continued use or addictive b	ehaviors, requires services several times per week
Intensification of addiction and/or mental health issues care. High likelihood of relapse, requires treatment alr	and has not responded to active treatment provided in a lower levels of nost daily to promote change
Understands relapse but needs structure	
Has little awareness of need for change due to cogniti in treatment	ve limitations and addiction and requires interventions to engage to stay
Does not recognize the severity of treatment issues, h	as cognitive and functional deficits
Unable to control use, requires 24-hour supervision, ir	nminent dangerous consequences

DIMENSION 6   Recovery/Living Environment
Supportive recovery environment and patient has skills to cope with stressors
Not a fully supportive environment but patient has some skills to cope
Not a supportive environment but can find outside supportive environment
Environment is dangerous, patient needs 24-hour structure to learn to cope
Environment is imminently dangerous, patient lacks skills to cope outside of a highly structured environment

#### SIGNATURE OF PHYSICIAN/HSPP

Name (print):	
Signature of Physician/HSPP:	Date:

#### **Mandatory Additional Documentation Checklist**

Intake assessment Clinical assessment Psychosocial as	sessment Treatment plan/goals
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PLEASE FAX FORM and the mandatory additional documentation with the Residential/Inpatient SUD Prior Authorization Request Form TO THE APPROPRIATE ENTITY.

## Indiana Health Coverage Programs Reassessment Form for Continued Substance Use Disorder (SUD) Treatment

#### PLEASE TYPE INFORMATION INTO THIS FORM. Fax form to the appropriate entity.

Supporting clinical information must also be submitted.

MEMBER INFORMATION		
Member Name:		
IHCP Member ID: Date of Birth:		
CONTINUED TREATMENT DURATION		
Existing Service Authorization Number (PA Number):		
Requested End Date of Extension:		

ICD-10 DIAGNOSIS CODE(S) (Enter the ICD-10 diagnosis code for the primary diagnosis in slot 1; then enter any applicable co-occurring diagnosis codes.)		
1.	3.	5.
2.	4.	6.

MEDICATION				
Please list ALL medications prescribed by the SUD treatment provider, such as a buprenorphine product. Include type, dosage, frequency, start date, patient's response, and prescriber below (OR ATTACH MEDICATION LIST).   N/A Medication List Attached			ide type, dosage,	
Name of Medication	Type/Dosage/Frequency	Start Date	Patient's Response	Prescriber

REQUESTED TREATMENT LEVEL			
Treatment Level Description	ASAM Level	Codes	Units (One Unit = One Day)
Clinically Managed Low-Intensity Residential Services (Adult)	3.1	H2034 U1	
Clinically Managed Low-Intensity Residential Services (Adolescent)	3.1	H2034 U2	
Clinically Managed High Intensity Residential Services (Adult)	3.5	H0010 U1	
Clinically Managed Medium Intensity (Adolescent)	3.5	H0010 U2	
Medically Managed Inpatient Services (Adult)	4.0	Inpatient Billing	
Medically Managed Inpatient Services (Adolescent)	4.0	Inpatient Billing	

#### For inpatient psychiatric facilities/hospitals, please provide your prior authorization revenue code below.

## Reassessment Form for Continued Substance Use Disorder (SUD) Treatment

ASSESSMENT (Make one selection for each dimension.)
DIMENSION 1   Acute Intoxication and/or Withdrawal Potential
No withdrawal
Minimal risk of severe withdrawal
Moderate risk of severe withdrawal
No withdrawal risk, or minimal or stable withdrawal
At minimal risk of severe withdrawal
Patient has the potential for life threatening withdrawal
Patient has life threatening withdrawal symptoms, possible or experiencing seizures or delirium tremens (DTs) or other adverse reactions are imminent

DIMENSION 2   Biomedical Conditions/Complications
None or not sufficient to distract from treatment
None/stable or receiving concurrent treatment – moderate stability
Require 24-hour medical monitoring, but not intensive treatment
Severe instability requires 24-hour medical care in licensed medical facility. May be the result of life threatening withdrawal or other co-morbidity

DIMENSION 3   Emotional/Behavioral/Cognitive Conditions
None or very stable
Mild severity, with potential to distract from recovery; needs monitoring
Mild to moderate severity with potential to distract from recovery; needs to stabilize
None or minimal; not distracting to recovery
Mild to moderate severity; needs structure to focus on recovery
Demonstrates repeated inability to control impulses, or unstable with symptoms requiring stabilization
Moderate severity needs 24-hour structured setting
Severely unstable requires 24-hour psychiatric care

DIMENSION 4   Readiness to Change
Readiness for recovery but needs motivating and monitoring strategies to strengthen readiness, or needs ongoing monitoring and disease management
Has variable engagement in treatment, lack of awareness of the seriousness of substance use and/or coexisting mental health problems. Requires treatment several times per week to promote change
Has variable engagement in treatment, lack of awareness of the seriousness of substance use and/or coexisting mental health problems. Requires treatment almost daily to promote change
Open to recovery but requires structured environment
Has little awareness of need for change due to cognitive limitations and addiction and requires interventions to engage to stay in treatment
Has marked difficulty with treatment or opposition due to functional issues or ongoing dangerous consequences
Poor impulse control, continues to use substances despite severe negative consequences (medical, physical or situational) and requires a 24-hour structured setting

## **Reassessment Form for Continued Substance Use Disorder (SUD) Treatment**

DIMENSION 5   Relapse, Continued Use or Continued Problem Potential	
Minimal support required to control use, needs support to change behaviors	
High likelihood of relapse/continued use or addictive behaviors, requires services several times per week	
Intensification of addiction and/or mental health issues and has not responded to active treatment provided in a lower levels of care. High likelihood of relapse, requires treatment almost daily to promote change	
Understands relapse but needs structure	
Has little awareness of need for change due to cognitive limitations and addiction and requires interventions to engage to stay in treatment	
Does not recognize the severity of treatment issues, has cognitive and functional deficits	
Unable to control use, requires 24-hour supervision, imminent dangerous consequences	

DIMENSION 6   Recovery/Living Environment	
	Supportive recovery environment and patient has skills to cope with stressors
	Not a fully supportive environment but patient has some skills to cope
	Not a supportive environment but can find outside supportive environment
	Environment is dangerous, patient needs 24-hour structure to learn to cope
	Environment is imminently dangerous, patient lacks skills to cope outside of a highly structured environment

#### DOCUMENT THE FOLLOWING IN THE BOXES BELOW OR ATTACH A SUMMARY PAGE. SUPPORTING CLINIAL INFORMATION MAY BE ATTACHED TO THIS FORM.

1. Describe how the member is progressing under the current treatment plan, including the member's engagement in treatment.

#### 2. Document the revised treatment plan and goals.

## **Reassessment Form for Continued Substance Use Disorder (SUD) Treatment**

3. Document the discharge plan/disposition. Include discharge level of treatment, agency name, and any coordination that has been done with the transition provider. A full, comprehensive discharge plan is required to complete this service request. For members with an opioid use disorder, please describe the discharge plan for medication assisted treatment (MAT), including scheduling appointments with outpatient MAT providers.

#### SIGNATURE OF SIGNATURE OF PHYSICIAN/HSPP

Name (print):

Signature of physician/HSPP:

Date:

PLEASE FAX FORM and any supporting documentation TO THE APPROPRIATE ENTITY.